

ARTICLE

Cloth Hygiene - An Important Part of Health Hygiene

Keeping your family health is always a priority, from taking vitamins, eating a balanced diet and staying active, but have you ever considered how the cleanliness of your clothes could impact the health of your family? The reality of many of us is that we don't always eat our proper meals, don't always brush our teeth at night, and most of us wear clothes more than once before washing them. We need to be more cautious with respect to health and hygiene in the current scenario due to widespread of corona. With the foremost being the clothes hygiene.

Many of us are unaware about the fact that the germs resulting in flu and stomach bugs can survive on clothing and other fabrics for anywhere between 4-6 hours and with some of the strains can survive for longer duration of more than 5 months. Infectious agents that have the potential for spread via clothing etc. include influenza, skin infections like yeast, fungal and bacterial, enteric bacteria, contact dermatitis (due to new, extra tight or warm clothes).

It has been observed that mass laundry is one of the major source of spread of substantial number of microorganisms in a health-care facility, gyms, hotels etc. it may include bed sheets and blankets, towels, personal clothing, patient apparel, uniforms, scrub suits, gowns, and drapes for surgical procedures that are being mass laundered. Similarly, this can also occur in family members wherein they share bed linen, towels or other clothes.



How Do The Germs Spread:

There are two sources of spread i.e.

- Direct- In contact with infected person or dirty soiled clothes.
- Indirect via aerosols of contaminated or soiled lint generated from sorting and handling contaminated textiles.

Ways to Reduce the Spread of Infection:

- Avoid keeping laundry damp overnight, this encourages microbial survival and there is the chance for growth of residual micro-organisms, such that clothes can then become a source of microbes.
- Avoid wearing of dirty clothes full of sweat and bacteria that leads to foul odor.
- Wash contaminated clothes separately in a hot wash with a bleach-based detergent.
- Avoid cross-contamination, try to avoid sharing towels, clothes and mass laundry. Prefer doing laundry at home mostly.
- · Wear natural fibers and loose clothes to reduce sweat level.
- Choose light-colored garments with less dye in them.
- After washing dry clothes completely or show them proper sunlight.
- When in hospitals or clinics try to wear clean scrubs or cover your clothes completely.

Conclusion:

One of the most effective ways of protecting ourselves and others from illness is by practicing good body hygiene. It helps us to feel good about our self, which is also important for our mental and physical health. Proper personal hygiene is essential for social interactions and respect in the professional arena as people who have poor hygiene (body odor, bad breath, etc.) often are seen as unhealthy. Wear a fresh set of clothes as often as possible. Dirty clothes are a source of contamination and can cause very serious infections if worn over and over without washing them.

Dr. Aditi Yaday

Deputy Director (Operations and Training)

EVENTS & ACTIVITIES



APPAREL & TEXTILE CONFERENCE

DATE: 30th & 31st JANUARY

Details: An initiative to encourage entrepreneurial skills amongst aspirants through an interactive knowledge sharing webinar.

The webinar's key highlights were to encourage end-to-end entrepreneurial/leadership development amongst aspirants with a "Know more and Grow more" approach.

WEBINAR ON FASHION ENTREPRENEURSHIP

DATE: 16th JANUARY 2021

Details: The webinar was organized by AMHSSC in association with JIMS (Jagan Institute of Management Studies) to create awareness on the scope and opportunities for Fashion Entrepreneurs.





WEBINAR ON SOCIAL COMPLIANCE AND SUSTAINABILITY

DATE: 19th JANUARY 2021

Details: The webinar was organized by AMHSSC in association with JIMS (Jagan Institute of management Studies) to create awareness on the increasing importance of Social Compliance & Sustainability in the Industry.

AMHSSC also conducts Management Development Programs on Social Compliance & Sustainability.



ON THE COMPLETION OF PATTERN MAKING MANAGEMENT DEVELOPMENT PROGRAM.

DATE: 2nd FEB, 2021

Details: The Center of Excellence, AMHSSC, New Delhi organized Virtual Certificate distribution ceremony in association with AD Patterns Institute of Pattern Making & Garments Training for candidates of Pattern Making course. The candidates received certificate from Dr. Roopak Vasishtha, CEO & DG AMHSSC.

WEBINAR ON ESSENTIALS OF DRESSING UP AS PER YOUR BODY TYPE.

DATE: 12th FEBRUARY, 2021

Details: AMHSSC organized an insightful Webinar on one of the most important aspects of Personality Development i.e. "Essentials of Dressing Up as per your Body Type". The webinar was conducted by Ms. Priyaneet Kaur, an internationally certified Image Consultant.





WEBINAR ON DESIGN THINKING

DATE: 20th FEBRUARY, 2021

Details: Details: AMHSSC organized a webinar on Design Thinking to highlight the importance and implications of Design thinking in today's Scenario, and how it can help individuals and organizations to grow further.

The webinar was conducted by Ms. Nayantara, a well known name in the Apparel Industry.



THE INDIAN TOY FAIR 2021

Date: 2nd MARCH, 2021

Details: Virtual Toy Fair – An initiative by Gol to promote the local toy industry with a vision of "Atamanirbhar Bharat"

AMHSSC virtually participated in the fair and showcased the importance of Apparel related job skills in the Toy manufacturing Industry.

CONTEST FOR WOMEN ENTREPRENEURS

Date: 4th MARCH, 2021

Details: On the occasion of International Women's day, AMHSSC organized a contest for Women Entrepreneurs to acknowledge the skills and hardships of such women, who have established themselves as successful entrepreneurs in the Apparel Industry.

The contest received an overwhelming response. All the contestants shared heartwarming stories of their journey.







WEBINAR ON BASICS OF SKILL ASSESSMENTS

Date: 6th MARCH, 2021

Details: A Webinar on the basics of Skill

Assessments was organized by CoE, AMHSSC.

A very insightful session was conducted by Mr. Ravi Sharma, an expert in this field.

VIRTUAL WORKSHOP ON SKILL TRAINING TECHNIQUES

Date: 20th MARCH, 2021

Details: CoE, AMHSSC in association with Vidyadhara conducted an Online Workshop on Skill Training Techniques.

The key takeaways of the program were:

- Applying principles of Adult learning
- Working with National occupational Standards
- Training Methods for Practical Experiential Learning
- Training Content & Training Aids
- Professionalism, Qualities & Attitude of a Trainer



INDUSTRY NEWS RELATED TO APPARELS

AEPC URGES GOVERNMENT TO PUT RESTRICTIONS ON COTTON YARN EXPORTS

The Apparel Export Promotion Council (AEPC) on Saturday urged the government to impose restrictions on exports of cotton yarn in order to curb prices and increase supply for domestic manufacturers.

The **Apparel** Export Promotion Council (**AEPC**) on Saturday urged the government to impose restrictions on exports of **cotton yarn** in order to curb prices and increase supply for domestic manufacturers.

AEPC chairman A Sakthivel said despite several efforts by the government to reduce the price of cotton yarn, it has consistently increased in the last four months and was affecting the entire value chain.

"We request immediate intervention to increase the supply of yarn to domestic manufacturers. We suggest that quantitative restrictions should be imposed on exports of cotton yarn, specifically on cotton yarn of 26 counts and above," he said.

https://retail.economictimes.indiatimes.com/news/apparel-fashion/apparel/aepc-urges-government-to-put-restrictions-on-cotton-yarn-exports/81732992

APPAREL BRANDS & RETAILERS AIM TO EXPAND PLM FUNCTIONALITY: CGS

Forty one per cent of apparel, fashion and retail executives are looking to expand PLM functionality, by integrating with ERP, business processes, and workflows and PIM, according to the '2021 CGS Annual Report: Supply Chain Trends & Technology'. CGS, headquartered in the US, is a business applications, enterprise learning, and outsourcing services company.

Overall, survey respondents are focusing on fundamentals: controlling costs and quality, ensuring they have inventory, getting products out the door, keeping operations safe. There is some discouragement over net sales and efficiency declines, yet optimism about an eventual return to pre-pandemic growth with houses in better order, according to the report by CGS. As for the biggest 2021 growth opportunities, survey respondents offered a resounding vote for three digital

channels: company-owned websites, online marketplaces and social media shopping. The first two channels ranked as number one and number 2 growth opportunities in our 2020 survey results; social media shopping jumped from number 4 to number 3. People expect continued e-commerce enthusiasm. At the same time, the results reflect worries about brick- and-mortar outlets. Although a quarter of respondents expect some growth from physical stores this year, most expect things to stay the same as in 2020 or to decline. More than half of respondents ranked product category expansion as a growth path, CGS said.

"Every company can benefit by implementing more technology. Depending on their current technology maturity level, they may need to focus on an ERP, PLM, vendor management portal, B2B e-commerce, or warehousing and distribution solution. The pandemic is driving rapid and significant changes in sourcing strategies and sharing risk across the supply chain. Strong supply chain partnerships are required now more than ever to deliver the visibility, agility, speed, collaboration and other requirements for understanding and meeting consumer demand. Companies ultimately need to connect their supply chains from the shop floor to the showroom. Technologies that enable the movement of 3D objects across the enterprise, business analytics (BI), and predictability and data analysis (AI) are helpful here. Platforms like BlueCherry Shop Floor Control provide complete real-time visibility into order status and work in process," Paul Magel, president, CGS said in a statement.

https://www.fibre2fashion.com/news/technology-announcement-news/apparel-brands-retailer s-aim-to-expand-plm-functionality-cgs-273175-newsdetails.htm

WHAT PUSHES APPAREL BRANDS TO GO FOR 'HIGH-LEVEL DIGITALISATION'?

The first thing that can be easily seen behind the apparel brands' perspective in the journey of digital transformation is their product's characteristics and then comes the rest.

As the apparel industry is on its way to digitalisation, each of the stakeholders is actively reaching out for solutions and there is no exception for fashion brands. In fact, brands are the first stakeholder to initiate the trend of digitalisation to cut costs, while the manufacturing suppliers often have more concerns before adopting the digitalisation process. However, different brands might have different concerns and attitude toward the trend, depending on the characteristics of their products.

So, now there are some open questions to look into! What are the factors that drive an apparel brand to embrace digitalisation? What is the scale of the brand's operation? What are the product categories that it caters to? What are the regions the brand has presence in? Why is there more customer leaning towards tech-based approach of fashion retail? Or, is it the attitude of the brand towards achieving long-term profitability?

https://apparelresources.com/technology-news/retail-tech/pushes-apparel-brands-go-high-leve l-digitalisation/

DO WE REALLY UNDERSTAND INNOVATION?

The word 'innovation' has become a mainstay in our lives. Many industries have seen a drastic change in the past few years owing to this and the fashion industry has felt this change too.

Lycra by DuPont, AlRism by Uniqlo, Levi's Commuter series, Boost by adidas are a few examples of brands defining innovations. Consumers instantly associate these products with their respective brands. And that's the power of INNOVATION.

Fashion is one of the most innovative industries with so many new innovations being tried out each season, yet few innovations come to mind when we try and remember some big innovations that became a trend or changed the industry.

In this feature, I will discuss what innovation really means to consumers through the below sections:

Innovation and its definition
Innovation in the fashion industry
Innovation from the consumers' lens
Innovation and where it gets lost between all the stakeholders

The word 'innovation' has become a mainstay in our lives. Many industries have seen a drastic change in the past few years owing to this and the fashion industry has felt this change too.

https://apparelresources.com/fashion-news/innovation/dowe-really-understand-innovation/

THE FUTURE OF INDEPENDENT FASHION BRANDS IN A POST-COVID REALITY

The recently concluded International Fashion Forum has pointed out directions that are set to become key in the future. These include: locality, digitalisation, culture, sustainability, diversity, unification, visual art, communication and experiments.

The past year saw a massive shift take place within the fashion industry with physical to digital formats taking the lead, sustainability coming to the fore and virtual fashion. It is predicted that come 2021, offline is here to stay and will not become obsolete. Instead, it will be inextricably linked with the online, digital format that became extremely successful in the past year.

In the coming year, there will be more competition between designers and other creatives in the digital space. Honest and sincere brand strategies will win, and format for presenting content on social networks will completely change; local brands can confidently focus on their target audience, thus in the future this will be a major step towards global recognition.

https://apparelresources.com/business-news/retail/future-independent-fashion-brands-post-covid-reality/

AMHSSC IN MEDIA



बनाएं कमाई का जरिया

किशन एक ऐसा शब्द है जिसे सुनत ही चुताओं के जीतन में सीमाव का भाव उधार हो जाता है. दिल्ले सिकाय पर लेटिन्ट हैं के प्राताना जाने ज्यारे हैं और दुन्या भी प्रात्नाकट त्याने तथाती हैं। इस देह के प्रातान जाने ज्यारे हैं और दुन्या भी प्रात्नाकट त्याने तथाती है। इस देह के प्रातान के प्रात्नाक जी स्वार्ध के प्रात्नाक जी स्वर्ध के प्रात्नाक के प



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आज के दौर में कपड़ों से लेकर जूते, चश्में और ज्वैलरी के साथ-साथ कई और भी ऐसे क्षेत्र हैं जिनमें डिजाइनर्स की डिमांड लगातार बढ रही है..



फैशन में है पैशन तो कॅरिअर है शानदार



कुछ नवा करने की सम्राहिश रखने वाले और चुनोतियों का ग्रीक

डियोड है। डिजाइनर क्लाइट को मांग पर क्रिज्टिय चोजों बनाता है। इस दौरान फैसम से लेकर मॉर्केट को कंडोंगन, स्टब्रल, कलर, टेक्सपर और

फैशन शाउस में रोजगर के अच्छे अवसर है। यहां अस प्रोडक्शन, फैशन मॉर्केटिंग, डिजाइन प्रोडशन मैनेजमैंट, फैशन मॉर्केटिंग, क्वालिटी कट्रोल, फेशन एक्सेसरीज डिजाइन और खंड प्रमोशन में काम कर सकते हैं। इसके अलाव कॉस्ट्यूम डिजाइनर, फेशन कंसल्टेंट, ग्राफिक डिजाइनर पोस्कारन पैटने मेकर फैसन हार्डिनेटर आदि के रूप में भी शानदार कीरिअर

सैलरी की कोई सीमा नहीं फिट देस की पहुंच एलिट क्लास से आगे

राष्ट्रीय हिन्दी दैनिक

प्रेमल उदानी बने एएमएच एसएससी के नए चेयरमैन

नई दिल्ली/एवशन इंडिया न्यूज

अपरल मेडअप्स एंड होन फर्निशिन सेक्टर रिकल काउँराल (एएमस्च एसएससी) की बंडे मीटिंग में केवटी कॉन्बोरेशम प्राइवेट शिमिटेड के मैनेजिंग डावरेक्टर प्रेमल उदानी को एएमएव एसएससी का नवा वेधरमैन निवृक्त किया गया है। प्रेमन उदानी ऋबा र्म्लबल एक्सपोट्सं, गुरुग्राम के बेयरमैन वीरेन्द्र उपाल का स्थान लेगे। प्रेमल उदानी अपेरल और टेक्स्टाइल इंडस्ट्री में रामधीन शिक्सवा है। देश के की सबसे पुरुनी गारमेंट मैन्दुफेक्करिंग कंपनी केंग्रटी कॉरपोरेशन प्राइदेट सिमिटेड के प्रबंध

अमरउजाला

प्रेमल उदानी बने एएमएच एसएससी के नए चेयरमैन

नई दिस्ली। केयटी कॉरपोरेशन प्राइवेट लिमिटेड के मैनेजिंग डायरेक्टर प्रेमल



उदानी को एएमएच एसएससी का नया चेयरमैन नियुक्त किया गया है। अपरल मेडअप्स एंड होम फर्निशिंग सेक्टर स्किल काउंसिल

(एएमएच एसएससी) की बोर्ड मीटिंग में प्रेमल उदानी को चेयरमैन बनाने का फैसला लिया गया है।





We Welcome Budget Announcement: Premal Udani













"In 2021 Union Budget Speech, the Honorable Finance Minister Nirmala Sitharaman announced the establishment of 7 textile parks in the country, to be built over 3 years.

Skilled youth trained by the Apparel, Made-Ups and Home Furnishing



Opening of the Skill Universities Bridge the Gap of Skilling Level







Dr. Roopak Vasishtha CEO & DG, AMH SSC



AMH SSC STRIVING TO ENHANCING THE SKILL, EMPLOYMENT OPPORTUNITIES IN APPAREL INDUSTRY

Posted by Editorial Team | Feb 11, 2021 | Face to Face

Enhancing the skills among the youth and then making them employable is nothing less than a challenge during pandemic, even after pandemic. The government is striving to give a boost to the apparel sector manufacturing in India and has developed a comprehensive plan to realise the vision of making the country self-reliant through 'Aatma Nirbhar Bharat Abhiyan', Apparel Made-Ups & Home Furnishing Sector Skill Council (AMH SSC) is a not-for-profit Organization, registered under the Indian Companies Act, 1956. AMH SSC envisions enabling world class apparel, made-ups and home furnishing manufacturing industry with an ecosystem for skill development and enhancing employability of the large number of Indian human resources.



APPARELVIEWS

AMHSSC appoints Premal Udani as Chairman

The board of Directors of Apparel, Made-Ups & Home Furnishing Sector Skill Council (AMHSSC) has appointed Indian textiles and apparel industry veteran Premal Udani as Chairman. Udani, who is the Managing Director of Kaytee Corporation Pvt Ltd, will take over the chairmanship of AMHSSC from Virender Uppal, Chairman of Gurgaon-based Richa Global Exports.

Udani has more than 38 years of experience in the textile and apparel industry. He is currently also Chairman of the board of trustees of the Clothing Manufacturers of India (CMAI). He is member of the board of Directors of Apparel Export Promotion Council (AEPC) since 1987



A founding member of the India Knit Fair Association, Udani was appointed by the Government of Gujarat for special projects pertaining to apparel industries. In the past, he has also been on the board of major trade associations such as the Federation of Indian Export Organisations (FIEO), and Federation of Indian Chambers of Commerce (FICCI) .

APPARELVIEWS

AMH SSC striving to enhancing the skill and employment opportunities in apparel industry

Enhancing the skills among the youth and then making them employable is nothing less than a challe during paridemic, even after pandemic. The government is striving to give a boost to the apparel sector manufacturing in India and has developed a comprehensive plan to realise the vision of making the country self-reliant through "Autma Nirbhar Bharat Abhivan". Apparel Made-Ups & Home Furnishing Sector Skill Council (AMELSSC) is a not-for-profit Organization, registered under the Indian Companies Act, 1956. AMEL SSC envisions enabling world class apparet, made-ups and home furnishing manufacturing industry with an ecosystem for skill development and enhancing employability of the large-number of Indian human resource

With so many years of working closely with the government, industry, global standards organizations, multilateral burles, policy molecus, etc. What would you say has changed in engand to approaching skill development in the country?

yes say box changed in regard to agrizaching shill development in the country? While all tracescence organization bedinden with the primare asking in the country, the government code, a seed in many ways to boost the shifting exceptions in the country. First of all a many decision of traciting a sequence shimarry of Skill Development and Entrepreness-thip clearly spelt earl the vinetations of this government bowers skilling. Further coversion of Foodbox Mexical Securities of this government bowers skilling. Further coversion of Foodbox Mexical Securities of this government bowers skilling. Further coversion of Foodbox Mexical Securities of the securiti

As for your current rate as the CTO of the Statis Council what are some of the graginans you are opportunities from the shifting numrative of the nation? Bining an industry lood, our quade is in ensure that shilled numrative of an avoidable in our Appar's mining your of the cheft in multi-unconcincient you they give improved as the register. As CEO of the Section Shill Council to immage function is to practicipate in the Beging to intered of the ASSE, more Pratimal Materia Aspath Vision Yigani IFMMVY1 and other government schemics. He CEO DRY Schemath, stem see Earn which I'll make we have a provided training to largook. Ye link present contact the country and have girt more than I'll also personal employed of self-eromitysed. We see now lessing involved trainings to largook. Ye link present contact the country and have girt more than I'll also personal employed of self-eromitysed. We see now lessing involved or practicipate in the PAMVY1 and re-which is likely to be seen implemented.

Other major of American which we provide skilling in this participating in training and assessments under CDR Schmere of the Corporate and Public Serior Decletarings (SPSL). In addition with line, we also provide skilling in Schools Colleges and even in ACTE Trainineting calleges. A 14-year exactation describ guitantine employment, volumes, a 14-year exactation in the Apparel section guitantines a job. This is the neight success of this initiative.

emic aftered the skilling landscape is many ways, in t of demands of skills, approach to skilling frichanges to the carriculum. What do you believe is the higgest change that COVID has brought about to the skill

The unities would is facing the Court Puntimic challengs and each and ever



occupation in the 2021's and hispand?

As envisaged by the Front his Prime Minister Mazaniza Mod to make IndiaAssuring about the world words has identify some danned in giving stranger. As shift has got developed in the world commit. While earlier and yiting floor we shift has got developed in the world manner. While earlier and yiting floor we used to be demanded by the minim world, mannly in Golf and African countine event world on Manner of any prover is in the interest and that to be in the limited to the

at well as the Govt. Institutions. We give special disputs ons and NSDs by not charging any affiliation fee from these

SHESTICE STICE

शह

आज के दौर में भले ही किसी भी उम्र के युवा को नौकरी न मिले, लेकिन स्वरोजगार के दरवाजे हर किसी के लिए खुले हैं...

खेईओ, अपरात मेड-अप व होम फरिकिंग सेक्स विकास करांक्रिक

बनाएं कटिंग एवं टेलरिंग में कॅरिअर

धाना. बटन, दो स्ट्रै रूपये तक की

दौर जा चुका है जब युवाओं के सामने रोजगार का संकट था। आज के दौर में भले ही किसी को नौकरी न मिले. लेकिन स्वरोजगार के

बेहतर करियर के लिए

इस क्षेत्र में आग आप बेहतर करिया बनाना बाहते हैं तो आप को कटिंग एवं टेलिंग के साथ डिजाइनिंग की जानकारी यानी आटें का सही जान होंगा चाहिए। इसके साथ ही आपको बाजार में आ रहें कपाड़ी के नए-नए डिजाइन की जानकारी और उन्हें सैयार करने का हुनर भी आना चाहिए।

कोर्स की अवधि

दो साल तक के कोर्स कराए जाते हैं। दो साल के कोर्स में कटिंग एवं टेलरिंग के साथ

AMH SSC striving to enhancing the skill and employment opportunities in apparel industry

Enhancing the skills among the youth and then making them employable is nothing less than a challenge during pandemic, even after pandemic. The government is striving to give a boost to the apparel sector manufacturing in India and has developed a comprehensive plan to realise the vision of making the country self-reliant through 'Aatma Nirbhar Bharat Abhiyan'. Apparel Made-Ups & Home Furnishing Sector Skill Council (AMH SSC) is a not-for-profit Organization, registered under the Indian Companies Act, 1956. AMH SSC envisions enabling world class apparel, madeups and home furnishing manufacturing industry with an ecosystem for skill development and enhancing employability of the large number of Indian human resources.

With so many years of working closely with the ndustry, global standards organization government, incustry, ground standards or general-multilateral hodies, policymakers, etc. What would you say has changed in regard to approaching skill elopment in the country?

While all successive governments had done well to promote skilling in the country, this government took a lead in many ways to boost the skilling ecosystem in the country. First of all a major decision of creating a separate Ministry of Skill Development and Entrepreneurship clearly spelt out the intentions of this government towards skilling. Further creation of Pradhan Mantri Kausahl Kendra (PMKK) also was a big step towards providing skilled manpower in a unified and qualitative way. Opening of the Skill Universities is yet another step towards bringing the subject of skilling to a respectable level. The best part is that the Skill India Mission is amongst the closest dre projects of our Hon ble Prime Minister Narendra Modi and as such, the entire nation is behind him in this quest

As for your current role as the CEO of the Skills Council, what are some of the programs you are spearheading to drive the skilling narrative of the nation?



addition to this, we also provide skilling in Schools, Colleges and even in AICTE Engineering colleges. A 14-year education doesn't guarantee employment, whereas, a 14 week skilling course in the Apparel sector guarantees a job. This is the major

The COVID-19 pandemic altered the skilling landscape in many ways, in terms of demands of skills, approach

लिए अगर आप डवीं या 10वीं पास भी हैं, तो भी

इस क्षेत्र में अपना कॉरिक्स चना सकते हैं। अपेरल खादी एवं ग्रामोद्योग केंद्रों में केवल हिंदी जानने

वाले अभ्यार्थी ही प्रवेश पा सकते हैं। कहा संस्थान 12वीं पास को ही प्रशिक्षण उपलब्ध कराते हैं। अगर इसके साथ दिजाड़िंग को कोर्स भी करना

बोर्ड परीक्षा में 'सफलता के सूत्र'

बाह परिवास का मौसम शुरू हो चुका है। १८वीं और १२वीं की बोर्ड परीक्षाओं में शामिल हो रहे छात्र तैयारी में जी जान सं जुटे हैं। स्नातक की संगेरता परीक्षाएं भी होने वाली हैं, जत: जो हान बाला है, अत: जा इस परीका की तैयारी कर रहे हैं, उनमें बौदा-बहुत तनाब अवना लाउँजमी हैं। मगर यह तनाब उनकी परीका या परिणाम पर गलत प्रभाव न डाले. इसलिए इससे बचना और संध्य हो तैयारी का ध्यान रखना

तभार का ज्यान सम्बन्ध अवस्थ्यत है। बोर्ड परीकाएं किसी एक के बहुतर भौक्ष्य की बुनियाद डालती हैं। इन परीक्षाओं में प्राप्त अंकों क आधार पर अच्छे कोसं और संख्यान में कास और संस्थान में प्रवेश को तस्ता बनता है। अपने जंकों के दथाव में कई बार छात्र कई प्रकार की उत्हानों में फेस जाते हैं, जिससे साल भर को अपनी तैयारी पर उनका विश्वास डगमगा जाता है, जिसका असर पर्यक्षाओ के परिणाम पर पहला है।

तर पेपर को लेकर



करें पढ़ाई के तरीके में सधार :

कर पढ़ाई कर तराक म सुआर ग्यादाना अत्र परिका के दिन में नहुंद को रोकर काफी लाशकार हो जाते हैं और उनकी संपर्धाल करना जाती है। जो उनके साने का रायप तथ होता है और न हो खाने भीने कर अस नहाई करने रहते हैं। इसका उनके राधि रम बुता असर पहुंता है। प्रेमी सारमाओं में बचने के लिला ग्याई के साथ- साथ जारेर को भी पर्धाल आस्मा रने को जावका तरह है। भीरिकल भीरान करें, नियोगन व्यापाम करे और समय का प्रदेशन साथे को के में हैं। साथ पर्धाल में स्थान कर्या करें। ढंग से करें, जिससे पढ़ाई की लेकर तनाव न ही इससे मानसिक शांति मिलेगी और लाव अपने विषय को सही तरीके से बाद कर पाएंगे।

हमेशा सकारत्यक रहें :

पर्यक्षा और इसके परिणाम को लेकर हमेशा सकारात्मक से और इस संबंध में अपने दिमाग पर

में पह जाते हैं कि से क्या पढ़ें और क्या छोड़ें। अवसर साथ यह मोचकर परेशान रहते हैं कि यदि अस्तर रहित यह मांचका प्रशान वह है है वह कोई प्रमा इस अनुसा के पूछि है जिस गया तो क्या करों। यह सोच नातत है। जब परीक्षा तो क्या करोंक का मंदे हो तो नए निषय या नए अभ्यान पहना बंद कर दें। उभी तक आपने वो पहा है, उसके प्रति गर्भार तो असे इह तह हैं। उसके प्रति गर्भार तो असे मांच अभ्याम से यदि कोई प्रमा आता है जो उसमें मा- प्रीतान कर आपीं। हिम्मी करों है। उसके माने हैं। अंक आएं। विषयीं को दोहराना जरूरी है। पदि आपने कोसे के दौरान अधिकतर सिलेबस कवा आपन कास क दोतन आंपकता सिलाबस क्यां कर दिला है तो आपके अरुके अंक अरुपे और एक-आग अर्थ्याय की पढ़ाई छूट जानें से तैयारी या प्रशेक्षा अर्था में नजराड अंदर नहीं आएगा। पर्योक्षा नजदीक आने पा विन प्रत्ये या विषय पर आपको प्रकंद है, उनको कम और जिन पर कम पकड़ है उनको अंपिक प्रकंद करें।



Career in Retail Sector as Visual Merchandiser











Dr. Roopak Vashistha, CEO & Director General, AMHSSC

It is rightly said that 'First Impression is the Last Impression', whether it's a job interview, or attracting customers into the fashion store to increase sales. As a



the pioneer



If you have excellent organising skills, qualities like planning, project and time management, communication, interpersonal and problem-solving skills, visual merchandising offers lucrative options, says DR ROOPAK VASISHTHA

FASHION BOUTIQUES. SHOPPING MALLS, EMPORIUM ARCHITECTURE FIRMS DESIGN COMPANIES AND THEME PARTY

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EducationPost

Skill Gap in the Apparel Industry is to a tune of appx 40 Lacs, says Dr. Roopak Vashisth, CEO & DG, AMHSSC

















विज्ञअल मर्चेंडाइजिंग में

विज्ञअल मर्चेंडाइजिंग वास्तव में सेल्स को बढ़ावा देने की एक कला है, जिसमें ग्राहक को प्रोडक्ट की खासियतें बताई जाती हैं...

Apparel Made Ups & Home Furnishing Sector Skill Council (AMHSSC)



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